

EAC for children

Objectives

- To support children when there is suspicion of treatment failure, explain concepts related to viral load and importance of adherence
- To identify problems that influence children's adherence to treatment and strategies ensuring good adherence

Target group:

- HIV children on HAART
- Parents/ caregivers
- Alternative caregivers

- **Medical criteria for orienting patient to see counsellor:**
- Suspicion of clinical and/or immunological failure
- Children eligible for viral load testing

Tools for the counsellor

- ARV/ Disclosure flipchart for children
- VL cards and key messages on VL
- EAC sessions guide
- Adherence assessment questions
- List of possible adherence barriers (PAB) and possible solutions

Practice

- Use the sessions guide and practice in pairs 3 EAC sessions.
- One as counselor, one as client. Swap