2\textsuperscript{nd} line treatment counseling for adult patients
Objectives of 2\textsuperscript{nd} line counselling:

– To prepare patients to start 2\textsuperscript{nd} line treatment
– To support patient in adhering to 2\textsuperscript{nd} line treatment

Target group:
• HIV patients eligible to switch to 2\textsuperscript{nd} line treatment
• Guardians or treatment supporters
Medical criteria for orienting the patient to see counsellor:

- 2\textsuperscript{nd} (or repeated targeted) viral load test result > 1000 copies/ml
- Confirmed treatment failure in 1\textsuperscript{st} line regiments
Conditions for counselling procedure:

• Unless there is a high number of patients to switch to 2\textsuperscript{nd} line treatment, the session is meant to be done on an individual basis
• Patient should be mentally fit to undergo the counselling session
• Guardian can attend the sessions to support the patient
• Time allocated for session: 30-40 minutes
Tools for the counselor

- Second line counseling session guide
- Flipchart cards (adherence and resistance, 2nd line)
Sessions content

• Refer to 2\textsuperscript{nd} line Preparatory Session guide
Practice

• Practice 2\textsuperscript{nd} line counseling session:
• Preparatory session as in group: one as facilitator, one as observer, rest as participants