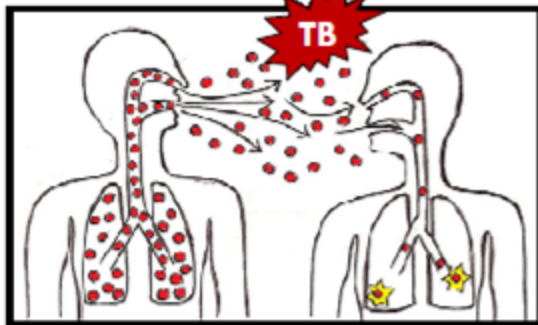


TB

INFECTION CONTROL



TB is caused by bacteria. These bacteria are spread in the air to other people when someone with TB coughs, sneezes, spits or talks.

**YOU CAN PROTECT
YOURSELF AND OTHERS
FROM GETTING TB**

COUGH HYGIENE

It is important to cover your mouth and nose when you cough. There are three ways to do this.



Use your inner arm



Use a tissue

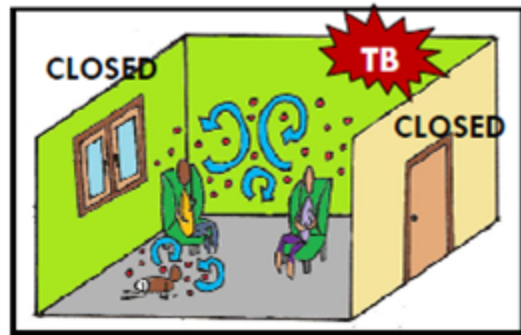


Use a surgical mask

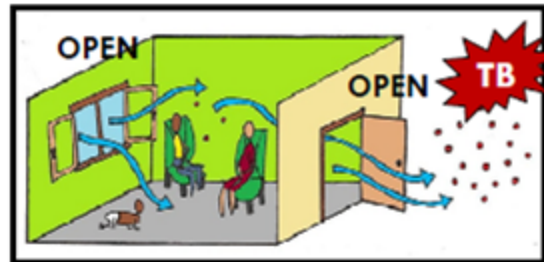


Do not spit in public

OPEN THE WINDOW



When doors and windows are closed, the TB bacteria stay inside the house



When doors and windows are open, clean air blows the TB bacteria outside

**FOR MORE INFORMATION:
MSF – Site B Khayelitsha (021) 364 5490**